



# YMCA CHALLENGE

JUNE 1-22

# YMCA CHALLENGE

JUNE 1-22

1- Visit [athome.ymcaquebec.org](https://athome.ymcaquebec.org)

2- Click on “2021 YMCA Challenge”

3- At the bottom of the page, pick one of two ways to sign up.



## How to Participate?

Visit the Participant Zone or Company Zone to learn how to join the movement.

Participant Zone

Company Zone

# YMCA CHALLENGE

JUNE 1-22

## 1- Sign up

### Challenge Yourself!

- > By signing up on your own
- > By joining an existing team\*
- > By forming your own team with family and friends

Once you sign up, you will also be able to create your **personal fundraising page**. As such, your entire entourage can support you in the challenge and support youth this summer!

You can even win participation prizes. **Check back in here on June 1 for all the details!**

Sign up

## 2- To create or join a team, click on "Fundraise."

\$710.00 of \$85,000.00

DONATE ^

FUNDRAISE

# YMCA CHALLENGE

JUNE 1-22

## To Create a Team or a Personal Fundraising Page

1. Click on “Create a Team” or “Individual Fundraising” and fill in the form.

Create a fundraising team

CREATE A TEAM

INDIVIDUAL FUNDRAISING

2. Check your *email* and click on the link you received to personalize your welcome message and share your overall health goals.
3. Make a donation to support the YMCA camps on your personal fundraising page.
4. Fill in your three goals in the donation form.
5. Share your fundraising page with your network and rise to the Challenge!

# YMCA CHALLENGE

JUNE 1-22

## To Join a Team

1. Click on “Join a Team.”

Create a fundraising team ×

---

[CREATE A TEAM](#) [INDIVIDUAL FUNDRAISING](#) [JOIN A TEAM](#)

---

2. In the “Select Your Team” drop-down menu, pick the team you want to join and fill in the form.
3. Check your *email* and click on the link you received to personalize your welcome message and share your overall health goals.
4. Make a donation to support the YMCA camps on your personal fundraising page.
5. Fill in your three goals in the donation form.
6. Share your fundraising page with your network and rise to the Challenge!

# YMCA CHALLENGE

JUNE 1-22

## Company Zone

### 1. Sign up

#### Raise Money for Youth or Make a One-Time Donation!

By signing your company up for the Challenge, you can:

- > Make a one-time \$2,000 donation;
- > Fundraise with your team.

Take advantage of this opportunity to promote your values and get your clients and partners involved!

Sign up

### 2. Select the option you want and fill in the form.

DONATE ▾
TO THE GENERAL CAMPAIGN
TO A TEAM OR INDIVIDUAL
FUNDRAISE



# YMCA CHALLENGE

JUNE 1-22

To find inspiration, motivation, and get tips and tricks, visit the [Participant Zone](#) regularly, join the [Défi YMCA](#) Facebook group and follow the Y on social media.

If you have questions or need help setting up your fundraising page, please contact:

Christelle Kouadio

Advisor, Annual giving and events

[Christelle.kouadio@ymcaquebec.org](mailto:Christelle.kouadio@ymcaquebec.org)

T : 514 849-5331 poste 1215

Thank you and happy fundraising!